Community-building activities Energizer



Atoms and Molecules

The Purpose of the Activity

To do a short energizer with the class that can make it clear to the students that they have more in common than they might think.

Description

All students stand on the floor.

The students start out as atoms, walking around on the floor by themselves. Then you say: "Molecule: hair color."

Now the students have to come together in a group with other students who have the same hair color as themselves. When everyone has found a group you say: "Atoms", and

everyone walks around by themselves again.

And then you say a new thing. It could, for example, be "Molecule: number of siblings", and then they have to come together in a group with those with the same number of siblings. Sådan fortsætter øvelsen med så mange spørgsmål, som tiden tillader.

The activity goes on for as long as time permits.

Practicalities

- Time consumption: 5-10 min.
- Requirements: Enough floor space
- Preparation: None

Tip

Feel free to use locally relevant questions for the exercise, e.g. how they get to school, which postcode they live in, etc.

On the website, under the 'Community-building' tab, you can watch a video showing how 'Atoms and Molecules' work.

