

Poncho

The Purpose of the Activity

To strengthen the students' self-esteem and practice their ability to give and receive praise and highlight each other's strengths.

Description

- Each student is given a flipchart and a pen. A hole must be torn in the middle of the sheet so that you can get the sheet over your head (like a poncho).
- Start by standing in a circle as it ensures that all students get something written on their poncho.
- Students now take their pen and write on each other's sheets. You write positive things, such as what you like about the person and what the person is good at. It can be both professional and social. It is important that you tell students not to be sarcastic.
- When all students have written something on the person standing in front of them in the circle, then all students turn 180 degrees so that they now stand behind the person who has just written on their poncho. Then they write on this person's poncho.
- When everyone has done that the students can walk around and write on the ponchos they want. It may be a good idea to ask students to come together two by two so that everyone gets something on their poncho.
- When everyone has finished writing (or when the time has passed), everyone takes off their poncho and reads what is written.
- Students can hang their poncho on the back of their chair, or you can hang them up in class.
- The rest of the day, students can go and read the praise they have received. They can also write on each other's if there is something they have forgotten.



Practicalities

- **Time consumption:** 10 minutes.
- **Requirements:** 1 flipchart per person, 1 pen pr. person, possibly tape.
- **Preparation:** None.

Tip!

- No praise is too small to be mentioned - the little things just show that you have noticed each other. The most important thing is that everything that is written is positive and empowering. And that everyone gets something on their poncho. The fact that the teacher him or herself participates in the exercise means that the teacher can help to ensure that all students get something on their poncho and at the same time the teacher puts him or herself at the same wavelength as the students.
- On the website, under the 'Community' tab, you can watch a video showing how 'Poncho' takes place.